Boots & Roots (B&R)

Children participating in Boots & Roots engage with the flora and fauna in our local parks. Active exploration and interaction with the natural world is interwoven with literature, literacy, science, music, art, and Biblical content. Social, artistic, academic, relational, spiritual and physical learning is offered via a strongly "delight-driven" emergent curriculum based both on teacher initiated and child-initiated goals and activities. God as Creator is highlighted throughout the adventures.

Boots & Roots Curriculum

Sequence of Units and Themes

B&R Units:

Build: Children explore the fascinating concepts behind "who builds what, and how, and why?" From honeybees to hummingbirds to human beings, God's creatures build! What materials do they use? What materials might WE use? How secure will our structure be? Let's find out!

Balance: From the "balance of nature" to little feet balancing on a log in the woods, the important idea of "balance" permeates the world that God made! Can we find items that make both sides of our pan balance equal? Can we discover God's plan for rhythms of work, play, rest and Sabbath? How can we be stewards of all He has entrusted to us? Let's find out!

Bloom: It's Spring! Flowers are blooming, and children are blooming: growth and development are happening throughout the plant and animal world - and in the people made in God's image. Let's celebrate! What new skills can we try? What discoveries will we make? Where are delight and beauty "blooming"? Let's find out

B&R Daily Schedule

8:45 - 8:55 am	Arrival
9:00 am	Program start with songs, story, or greeting time
9:30 am	Exploration and thematic activities
10:30 am	Snack and stories
10:45 am	Exploration and thematic activities
11:45 am	Wrap up reflections and floor books journaling about the day together
12:00 noon	Pick up

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Parent Responsibilities

Contact us | When your child will not attend the program due to illness, travel, etc. Please contact your program instructor ASAP via email or phone.

Come prepared | Parents are expected to daily send their child with all required gear; this includes a full water bottle, a NON-NUT snack, and everything on the gear list.

Volunteer! | There is no parental involvement requirement for B&R parents. However, we have NEED FOR VOLUNTEERS if you have the availability and interest. These include:

Weekly "office staff" to support teachers on our Fairfax campus by providing a second pair of hands, putting on bandaids, fielding calls and holding down the fort. We currently need one for each day of the week and "subs." Prefer recurring presence on a specific day of the week – choose your day: Tues, Wed or Thur. Subs "on call" as needed.

Weekly carpool Morning Drop-Off Monitors – T/W/or Th, 8:45-9:15 am to check in students

Family Fun Event Initiators – Think up a fun thing to do, and invite us all to do it! i.e. a Saturday picnic at a park, a "Calling All Chefs Chili Cook-Off," – getting any ideas? Zing your idea to Amy Imbody or Laura Ryba for calendar or to volunteer for another area of need!

Redemptive Leadership

Redemptive Leadership is our management model, including Redemptive Discipline as our approach to what is typically called "classroom management." This is *not* "soft," but neither is it punitive; infused with grace and truth *interwoven* for the blessing of the learning community, both as individuals and as a group. Key features are "High Warmth, High Expectations, High Support: Strategies & Accountability."

CRE Health Protocols

Sick children, parents, volunteers and teachers are asked to stay home. If your child is unwell, please keep the child home until well.

If anyone presents with a fever of 100.3 degrees or significant symptoms of illness while participating in our programs, s/he will be sent home.

We will continue to facilitate frequent hand washing, hand sanitizing, and sensible cleaning of surfaces.

We will continue to offer instruction outdoors at least 75% of the time, maximizing the benefits of fresh air, sunshine, and healthful exercise in maintaining wellness to our program participants.

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B&R Calendar

NOTE: For security purposes, this calendar has been redacted. Enrolled families have access to an unredacted version. If you are enrolled and do not have the calendar, please email info@redemptiveeducation.org.

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Required Gear List

- Rubber boots/wellies (tall)
- Comfortable walking or hiking shoes (no open-toed shoes or sandals)
- **Warm socks** for when it gets cold (*wool or wool blend best). All students should keep an extra pair in their backpack for wet days or creek exploration.
- **Backpack** appropriate for size of child. Backpacks should contain extra clothes (see below), water bottle, snack. Students should be wearing their outdoor gear upon arrival, **including** sunscreen and bug spray.
- Water bottle (1 liter Nalgene style best anything smaller is not enough)
- Warm clothes (with names labeled) for when it gets cold, including but not limited to: winter coat, rain jacket, rain/snow pants, winter knit hat, mittens or gloves (water repellent or resistant, NOT knit). Scarves should be the continuous loop type that wont drag in the mud. Gear should cover all exposed skin no gaps.
- Extra set of labeled clothing (pants, shirt, undies, socks) in a labeled ziplock bag in their backpack.
- Snow or rain suit/pants for cold or snowy/rainy days they will wear these all the time.
- **Nutritious snack and lunch** think about what will keep them fueled! Protein, fruit, or veggies preferred.
- Sunscreen and bug repellent if desired, parents should apply it before arrival. Small hand
 sanitizer that hooks to backpack
- . Baseball hat or sun hat
- *Sunglasses
- *optional but highly recommended for protection from weather and/or insects

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Program
Annandale | Calvary Church
Fairfax County main campus
Tues/Wed/Thurs 3 day program
8220 Little River Turnpike
Annandale, VA 22003

Contacts (please add these to your email contacts)

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Laura Ryba | Campus Coordinator, Scent of Water laura.ryba@redemptiveeducation.org

General Information info@redemptiveeducation.org